



Awaken *the Leader*

Unlock YOUR Leadership Potential



Pivot Into
Leadership That
Works

WHAT EXACTLY IS LEADERSHIP ANYWAY?



I believe it is simply ...

... Taking action in one's life. Investing in dreams. Making decisions that move one forward toward a fulfilling life of meaning (and fun!). Doing what one is called to do in life. Inspiring others to follow.

The ability to be an extraordinary leader lies within EVERY WOMAN.

However, so many of us have heard otherwise from society ever since we were little girls. We learned there was THE model for leadership and we were expected to conform — acting, speaking, dressing, leading from the male perspective while stifling our feminine qualities and strengths.

High time for a change!

I don't want to see ANY woman who has a fire in her belly about a dream or a cause to listen to those messages that have crushed her leadership spirit!

What would it look like to bring ALL OF YOU to the leadership table - to lead as the best you, on YOUR terms?

Let's get started!



5 DAILY HABITS OF OUTSTANDING LEADERS

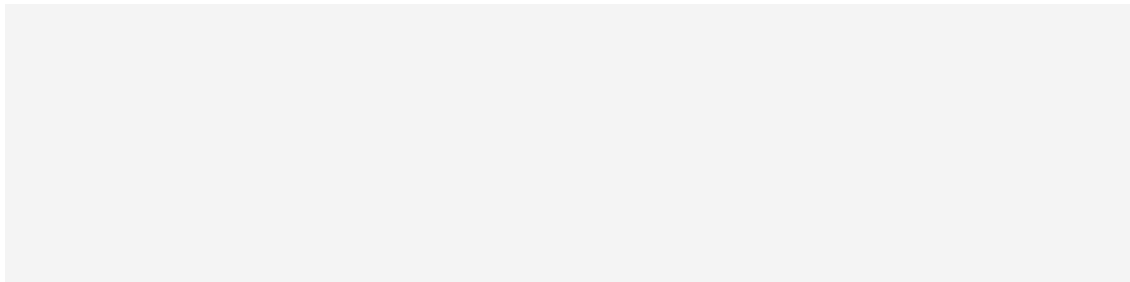
Incorporate these practices into your daily life to approach leadership from a more intentional, authentic, and powerful place.

1. MAKE YOUR BED
2. ACT ACCORDING TO YOUR VALUES
3. BE CREATIVE
4. PRACTICE MINDFULNESS
5. TRUST OTHERS

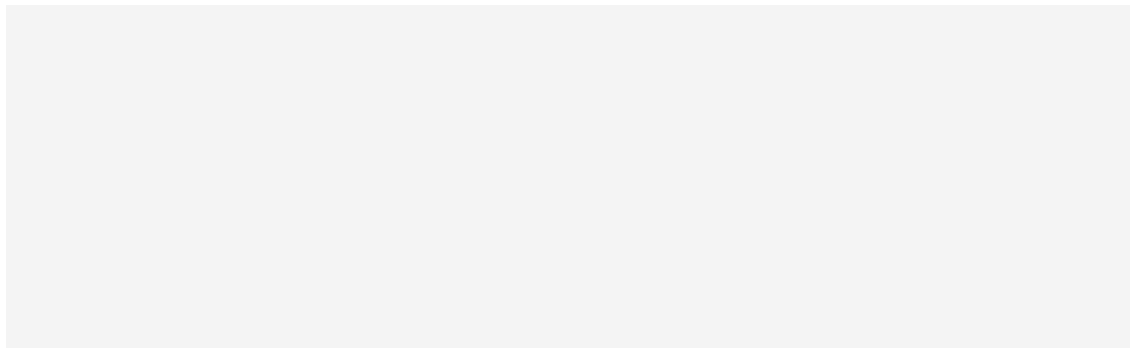
Make Your Bed

Making your bed has nothing to do with a nicely made bed! It has everything to do with choosing how you lead your day. Whether or not we see the point of making our bed, it represents the first intentional, beneficial challenge we face every morning. The way we respond to it will influence the rest of our day.

HOW DO YOU USUALLY FEEL WHEN YOU WAKE UP IN THE MORNING?
WOULD YOU LIKE TO FEEL DIFFERENTLY? WHAT CAN YOU DO TO
INSPIRE THE FEELINGS YOU DESIRE?



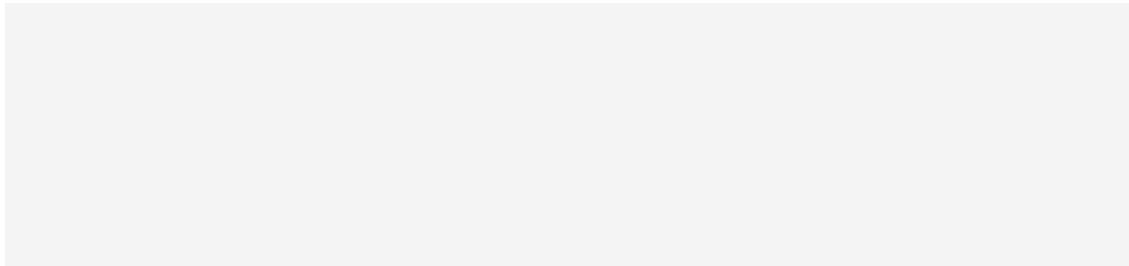
WHAT IS ONE PRACTICE YOU'D LIKE TO ADD TO YOUR MORNING OR
NIGHTLY ROUTINE?



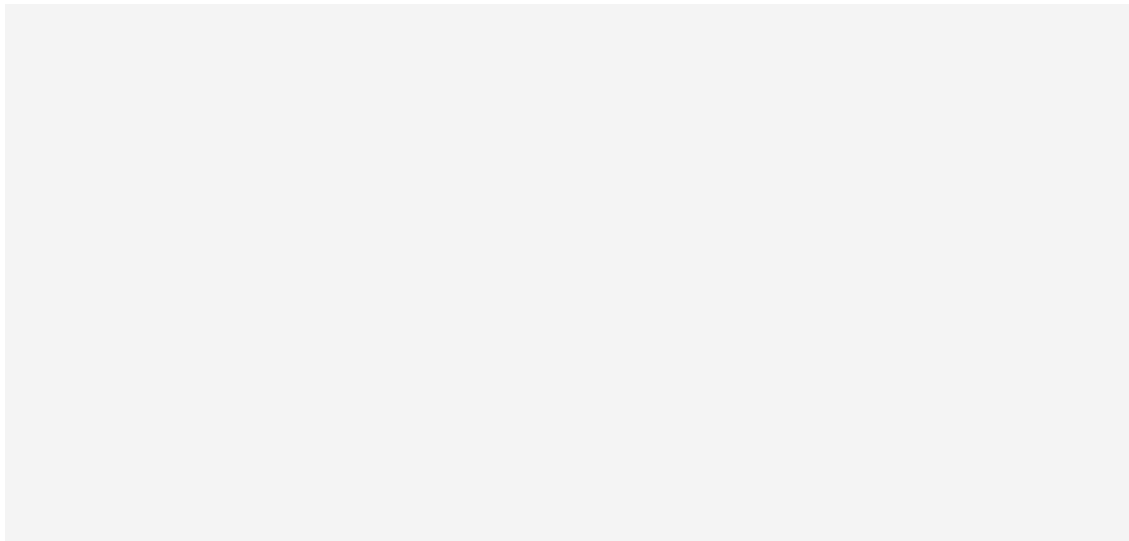
ACT ACCORDING TO YOUR CORE VALUES

Your personal core values are what encompass your foundational beliefs, which then dictate your behavior and guide you to make the decisions that you do. And great leaders have specific beliefs that they consistently adhere to, follow through with, and make decisions with. Think of your core values as your own personal GPS system, leading and paving the way for you to say YES or NO to specific choices for yourself, your organization and your team.

WHAT ARE YOUR TOP 5 CORE VALUES?



NOW, LIST THE 1-2 CHARACTERISTICS YOU ASSOCIATE TO LIVING UP TO THOSE VALUES/PER VALUE.

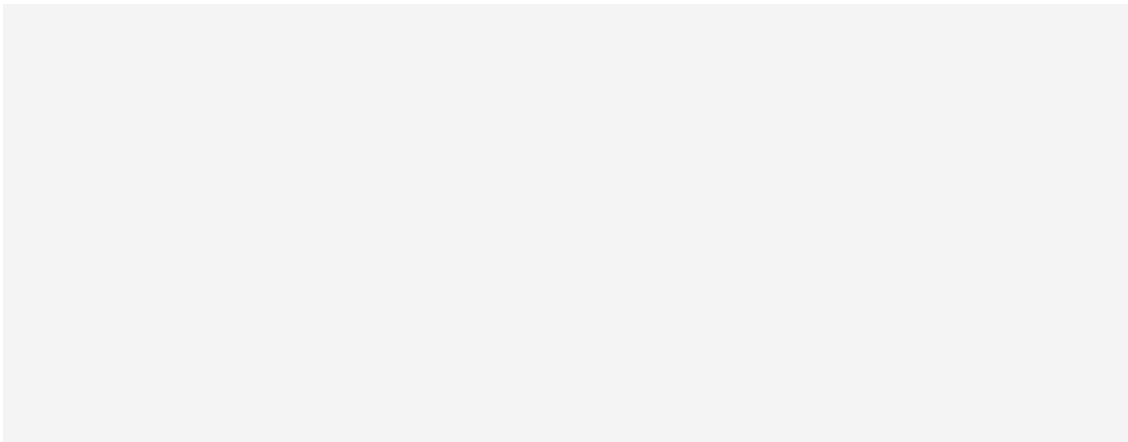


BE CREATIVE

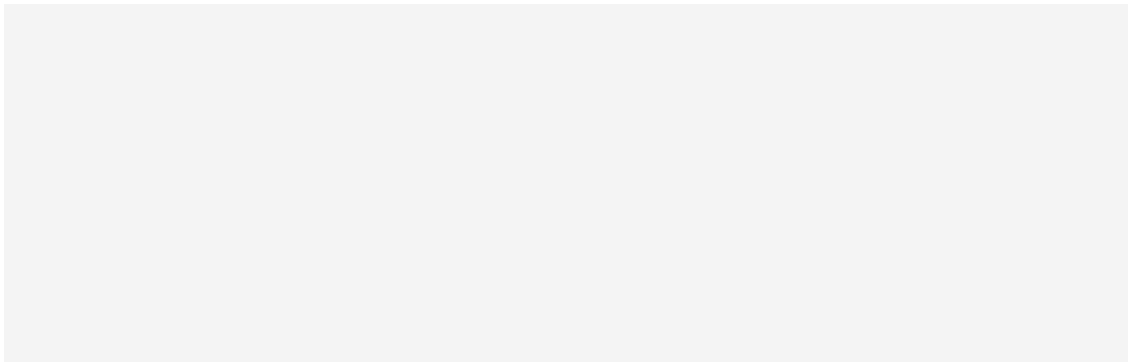
Creative leadership drives productivity and fosters success in a company. Creativity is one of the most important qualities of a modern business leader. Creative leaders have the ability to look at things in new ways and solve problems by seeing things others don't.

The first priority of leadership is to engage the right people, at the right times, to the right degree in creative work.

WHAT IS ONE ACTIVITY YOU'D LIKE TO ADD TO YOUR DAY THAT WOULD ENCOURAGE CREATIVITY?



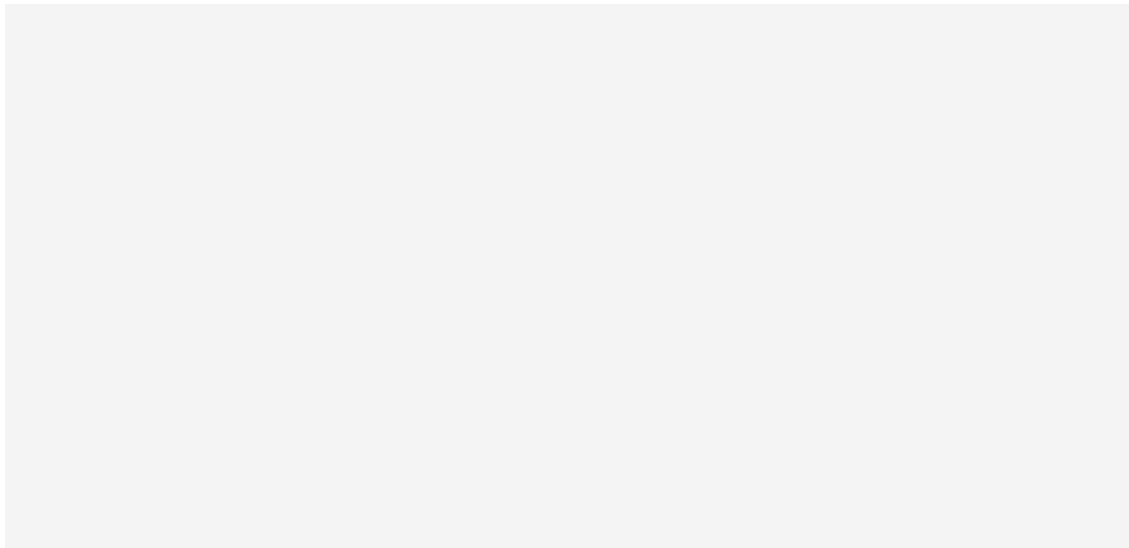
WHAT IS ONE THING YOU COULD BEGIN TO IMMERSE YOURSELF IN OR LEARN TO HELP FOSTER CREATIVITY?



PRACTICE MINDFULNESS

We can no longer afford to make decisions with distracted minds, reacting instead of responding. Mindful leadership helps you live with intention, both at work and at home, strengthening your ability to connect to yourself and others, as well as your ability to lead change effectively.

BLOCK OUT 3X - 1MINUTE BLOCKS OF TIME A DAY TO TAKE 5-10 BREATHS AND SIMPLY FOCUS ON YOUR BREATHING:
WHEN WILL THEY BE?



MINDFUL LEADERS ARE:

- MORE OPEN
- COMPASSIONATE
- HAVE A CLEARER VISION
- ARE ABLE TO INSPIRE

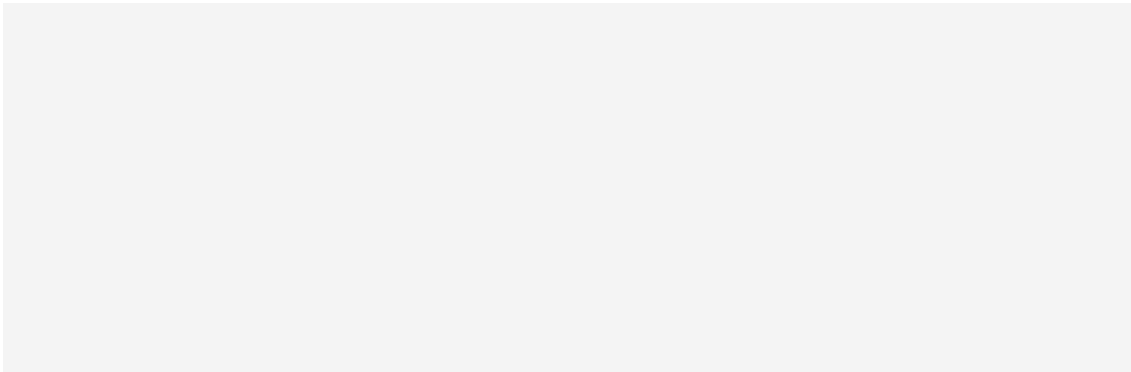
MINDFUL LEADERS ARE:

- BETTER LISTENERS
- MORE PATIENT
- OPEN THINKERS
- RESPECTFUL

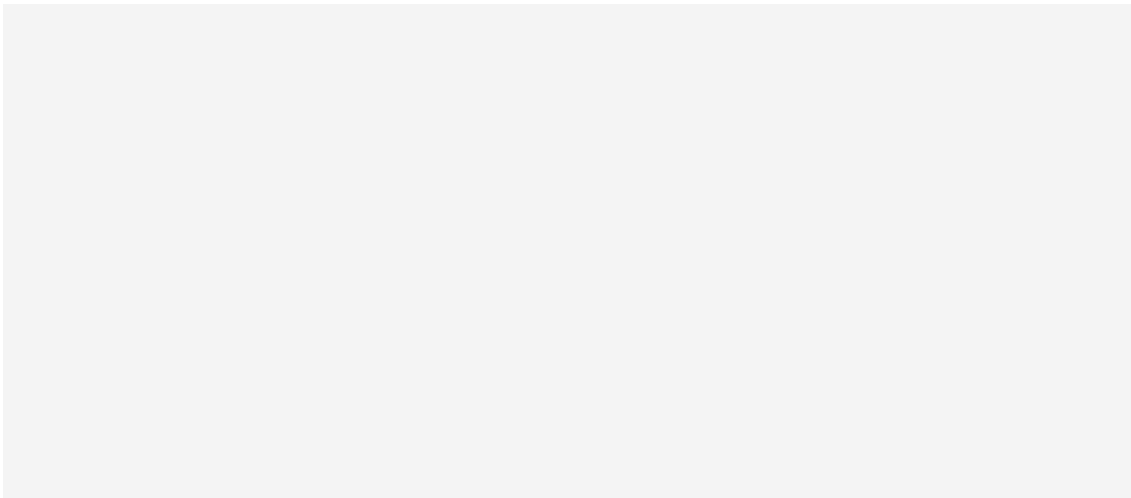
TRUST OTHERS

Trust in leadership helps organizational change because it can create a collaborative environment where people share their knowledge. Trust is a two-way street, in order to be trusted as a leader, we first must show our trust and respect in those that follow us. If we lack trust we are unable to perform and creative effective relationships that thrive.

WHAT IS ONE OBSTACLE YOU FACE WHEN GIVING
OTHERS DIRECTION?



HOW MIGHT YOU OVERCOME THIS OBSTACLE?





You have now explored and are ready to practice the habits that outstanding leaders use to unlock their potential. Now, let's unlock YOUR potential to become the leader you are meant to be - in your own unique way, based on your strengths and on your terms.

It starts with having an honest conversation with yourself about who you are, what you want, and how you can get there. Are you ready to explore these answers?

Here is a worksheet to get you started...

UNLOCK YOUR LEADERSHIP POTENTIAL WORKSHEET

Awakening the extraordinary leader within you starts with your mindset. Mindset starts with having an honest conversation with yourself about *who you are, what you want, and how you can get there.*

Use this worksheet to find some answers

1. HOW WOULD BECOMING A BETTER LEADER ENHANCE MY PROFESSIONAL AND PERSONAL LIFE?

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2. WHAT DO I BELIEVE ARE THE QUALITIES OF A GREAT LEADER? (List as many as you can think of.)

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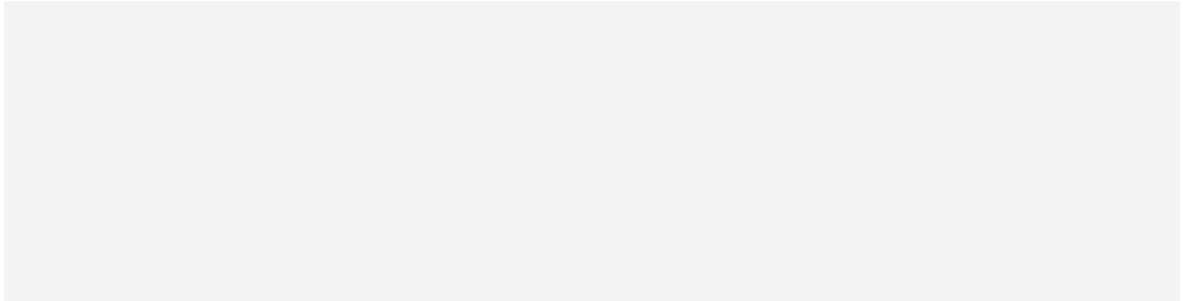
3. WHICH 5 LEADERS (PAST AND PRESENT) DO I ADMIRE MOST, AND WHY? WHICH QUALITIES COMMON TO GREAT LEADERS AM I CURRENTLY LACKING?

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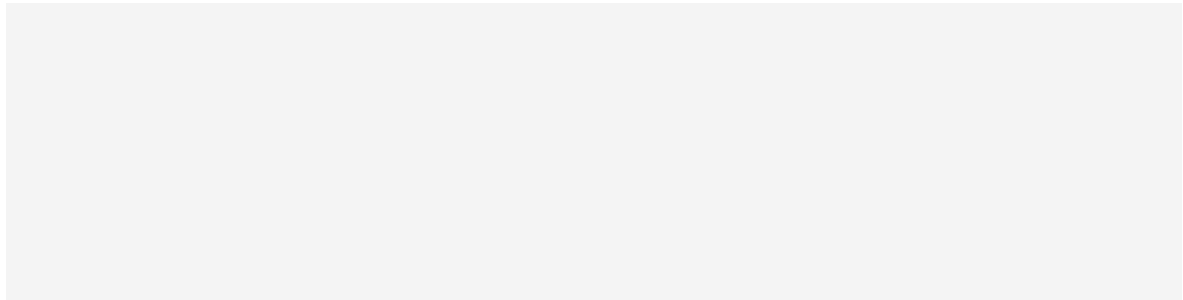
BECOME THE LEADER YOU ALWAYS WANTED TO BE

CONT....

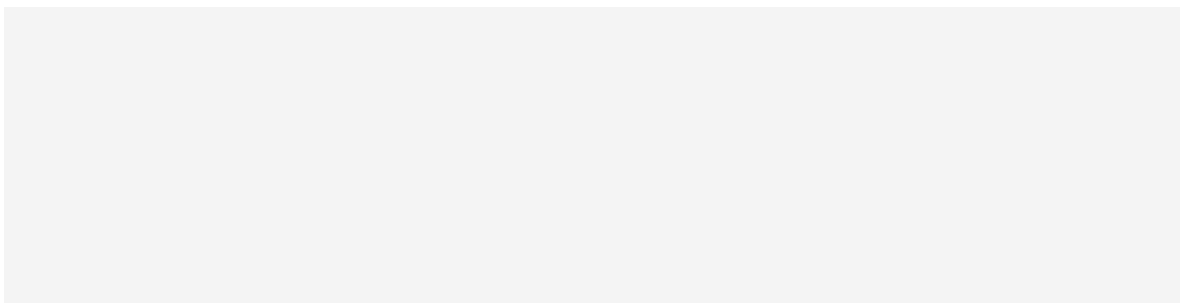
4. WHAT LEADERSHIP **SKILLS** DO I NEED TO HAVE TO BE A BETTER LEADER?



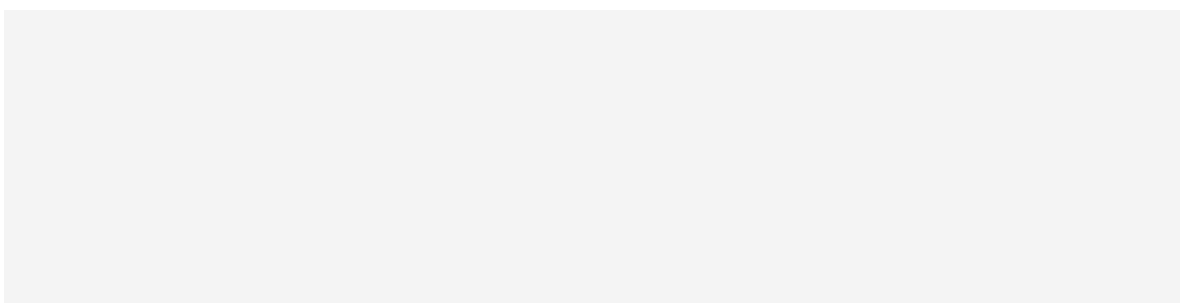
5. WHAT IS MY STRATEGY FOR ENHANCING MY LEADERSHIP SKILLS? WHAT DO I NEED TO DO DIFFERENTLY THAN I HAVE BEEN DOING?



6. WHAT IS MY GREATEST BARRIER TO GROWING MY LEADERSHIP SKILLS? HOW CAN I OVERCOME IT?



7. WHAT COULD I DO TODAY TO INCREASE MY ABILITY TO LEAD OTHERS?





SPECIAL INVITATION TO **BECOME THE LEADER YOU'RE MEANT TO BE**

If you wish you were a better leader, please don't give up. Let's wake up and ramp up your leadership skills RIGHT NOW!

Discover new approaches to leadership from Linda Patten, a pioneering woman leader and author who struggled to find a style of leadership that expressed her real power as one of the first wave of woman leaders in both the military and business worlds.

With 40 years of leadership training experience spanning military, corporate, and entrepreneurial arenas, she is on a mission to expand opportunities for women – and men – to fulfill their roles as leaders!

No-cost, no-obligation 30-minute Awaken The Leader Consultation with Linda Patten

GO to <https://tinyurl.com/ScheduleCallwLinda> TO SCHEDULE YOUR CALL NOW

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